

VOLUME 1 • ISSUE 5 • AUGUST 2026

पथीइह

Happenings at Siddhi...



सिद्धि स्मृति प्रतिष्ठान
SIDDHI MEMORIAL FOUNDATION

Newsletter



Breastfeeding
for a Sustainable
Start in Life:
Strengthen
What Works

www.smf.org.np

WORLD
BREASTFEEDING
WEEK
1-7 AUGUST 2026

From the Founder President's Desk:



Shyam Sundar Dhaubhadel
Founder President
Siddhi Memorial Foundation

Dear Friends, Well-wishers, and the Siddhi Family,

I am pleased to share the impactful outcomes of my recent visit to Taiwan under the International Collaboration: Taiwan and Nepal Healthcare and Public Health Program, following a prestigious invitation from the Taiwan Health Corps.

A major highlight was touring Cathay General Hospital, where observing their world-class clinical standards inspired new ideas for our own services. Upon returning to Nepal, we solidified this momentum by signing a landmark Memorandum of Understanding (MoU) with the Taiwan Oral Care Association (TOCA). This milestone was seamlessly coordinated by the Rotary Club of Chiayi Royal (D3470, Taiwan) and the Rotary Club of Tripureswor (D3292, Nepal).

This strategic partnership secures an international grant dedicated to advancing ENT community health. Furthermore, Taiwan Oral Care Association (TOCA) will directly support the upgradation of our Dental Department and community oral health initiatives at Siddhi Memorial Foundation. We extend our deepest gratitude to our global partners for helping us elevate healthcare standards for the children and women of Nepal.

Thank you for your steadfast support as we embark on this exciting new chapter.

Warm regards,

Shyam Sundar Dhaubhadel
Founder President
Siddhi Memorial Foundation

IMPORTANT NUMBERS

Hospital Appointment	: 01-5971442
Pediatric Emergency	: 01-5971442 Ext.1063
Obs & Gynae Emergency	: 01-5971442 Ext.1044
EHS (Morning & Evening)	: 9851157020
Ambulance	: 9851275074
Senior Citizen Home	: 01-6616589



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Editorial Desk: Dr Ganendra Bhakta Raya Dr Manoj Krishna Shrestha Anil Rajbhandari Nabin Pradhan

For feedback, inputs/experience sharing email: adminofficer@smf.org.np

जेष्ठ नागरिक गतिविधि

(२०८३ बैशाखदेखि २०८३ असारसम्म)

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परिचय:

बागमती प्रदेश सरकार, सामाजिक कार्यालय, भैंसेपाटी, ललितपुरको आयोजनामा जेष्ठ नागरिक राष्ट्रिय संजाल तथा जेष्ठ नागरिकहरूका लागि काम गर्ने संघ संस्थाहरूको सहकार्य मा आयोजित तालिम, बैठकहरूमा यस सिद्धि स्मृति प्रतिष्ठान अन्तर्गत सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमको प्रतिनिधित्व गर्दै २०८३ साल बैशाखदेखि असार सम्म तपशीलका व्यक्तिहरू सहभागी भएको यो वर्णनात्मक छोटो प्रतिवेदन प्रस्तुत गरिएको छ :



जेष्ठ नागरिक आश्रम/दिवा सेवा संचालकहरूको तालिम:

बागमती प्रदेश सरकार, सामाजिक विकास कार्यालय, भैंसेपाटी, ललितपुरको आयोजनामा २०८३ साल बैशाख ११ गते देखि १३ गतेसम्म सहारा हेरचाह केन्द्र, भक्तपुरमा संचालन भएको 'जेष्ठ नागरिक आश्रम र जेष्ठ नागरिक दिवा सेवा केन्द्रका संचालकहरूलाई जेष्ठ नागरिकहरूमा लाग्न सक्ने अल्जाईमर, डिमेन्सिया लगायत रोग सम्बन्धी' तीन दिने तालिम कार्यक्रममा सिद्धि स्मृति प्रतिष्ठान अन्तर्गत संचालित सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमको तर्फबाट कार्य समिति सदस्य घनश्याम खतिवडाले सक्रियताका साथ भाग लिनु भएको थियो। उक्त तालिममा सिकेका ज्ञान, सीप र धारणाका आधारमा यस सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमका सवल पक्ष, सुधारका पक्ष, चुनौतिहरू तथा अवसरहरू पहिचान गर्नको लागि मद्दत गरेको अनुभव भयो। उक्त तालिमको सिलसिलामा सिकेका कुराहरूले सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमको बर्तमान अवस्थालाई अझ सक्षम बनाउन तत्काल गर्नु पर्ने दुईवटा कामहरू सुरुवात गरिसकिएको छ। जस मध्ये पहिलो कार्य सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमको "जेष्ठ नागरिक सुरक्षा नीति २०८३" को मस्यौदा तयार पारिएको छ। दोश्रो कार्य यस जेष्ठ नागरिक आश्रमका नर्स, स्याहारकर्ता लगायतका कर्मचारीहरूको क्षमता अभिवृद्धिका लागि अभिमुखीकरण तालिम पाठ्यक्रम तथा तालिम सामग्रीहरूको बिकास कार्य भैरहेको छ।

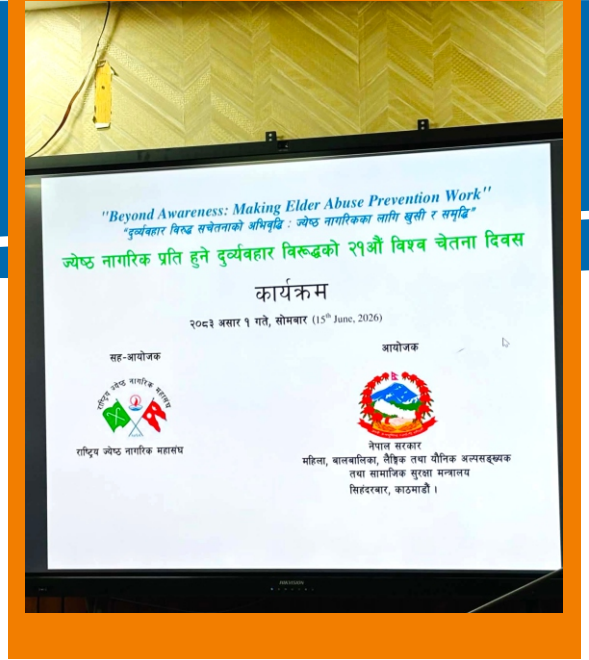
जेष्ठ नागरिक आश्रम/दिवा सेवा केन्द्रका स्याहारकर्ताहरूका लागि तालिम:

बागमती प्रदेश सरकार, सामाजिक विकास कार्यालय, भैंसेपाटी, ललितपुरद्वारा २०८३ बैशाख १९ गते र २० गते काठमाण्डौको निसहाय सेवा सदन, बानेश्वरमा संचालन गरिएको दुई दिने तालिम कार्यक्रममा यस सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमका तर्फबाट आश्रम इन्चार्ज नीलम जोशी र स्याहारकर्ता ईश्वर खत्रीले सफलता पूर्वक भाग लिनु भएको थियो। उहाँहरूले उक्त दुई दिने तालिममा सिकेका कुराहरू आफ्ना काममा प्रयोग गर्ने र सिकेका ज्ञान र सीपहरू आफ्ना सहकर्मीहरूलाई साझा (Share) गर्ने प्रतिवद्धता जाहेर गर्नु भएको छ।

समन्वय बैठकमा सहभागिता:

बागमती प्रदेश सरकार, सामाजिक विकास कार्यालय, भैंसेपाटी, ललितपुरद्वारा २०८३ जेष्ठ २८ गते काठमाण्डौ उपत्यका भित्रका जेष्ठ नागरिक आश्रम, दिवा सेवा केन्द्र संचालकहरू बीचको समन्वय बैठकमा यस प्रतिष्ठानका कार्य समिति सदस्य घनश्याम खतिवडाले भाग लिंदै सिद्धि शालिग्राम जेष्ठ नागरिक आश्रमको चालु आर्थिक वर्षको बैशाख मसान्तसम्मको प्रगती प्रतिवेदन पेश गरेको थियो।





जेष्ठ नागरिकहरु प्रति गरिने दुर्व्यवहार विरुद्धको सचेतना कार्यक्रमः

राष्ट्रिय जेष्ठ नागरिक महासंघको आयोजना तथा महिला, बालबालिका, लैंगिक तथा यौनिक अल्पसंख्यक तथा सामाजिक सुरक्षा मन्त्रालयको सहयोगमा मिति २०८३ असार १ गते अर्थात १५ जुनका दिन मन्त्रालयको सभा हलमा “जेष्ठ नागरिक प्रति हुने दुर्व्यवहार विरुद्धको २१ औं विश्व चेतना दिवस” राष्ट्रिय जेष्ठ नागरिक महासंघमा आवद्ध जिल्ला संघहरु, जेष्ठ नागरिक आश्रम/दिवा सेवा संचालन गर्ने सस्थाका प्रतिनिधिहरुको उपस्थितिमा सम्पन्न भयो। उक्त समारोहमा मन्त्रालयको तर्फ बाट ‘जेष्ठ नागरिकहरु प्रति गत बर्ष नेपालमा भएका हिंसाका घटनाहरुको तथ्यांक सहितको कार्यपत्र प्रस्तुत गरिएको थियो। सहभागीहरुले उक्त कार्यपत्र माथि आफ्नो टिप्पणी प्रस्तुत गरेका थिए। कार्यक्रमकी प्रमुख अतिथि महिला, बालबालिका, लैंगिक तथा यौनिक अल्पसंख्यक तथा सामाजिक सुरक्षा मन्त्रालयकी माननीय मन्त्री सीता बादीज्यूले सहभागीहरुका जिज्ञासा, गुनासाहरु बारे सरकारको तर्फबाट आफ्नो बिचार प्रस्तुत गर्नु भएको थियो। जेष्ठ नागरिकहरुकोका लागि नेपाल सरकारले गर्दै आएका र भावी योजनाहरुको बारेमा मन्त्रालयकी सचिव राधिका अर्यालले जानकारी गराउनु भएको थियो।



जेष्ठ नागरिक अभिमुखीकरण कार्यक्रमः

मिति २०८३ असार २ गतेका दिन कागेश्वरी मनहरा जेष्ठ नागरिक समाज, गोठाटार द्वारा आफ्नो समाजका सदस्यहरुको सचेतनाका लागि आयोजित ‘जेष्ठ नागरिकहरु प्रति हुने दुर्व्यवहार विरुद्ध सचेतना अभिमुखीकरण कार्यक्रम’ मनहरा जेष्ठ नागरिक समाजका अध्यक्ष बिष्णु बहादुर कार्कीको अध्यक्षता एवं कागेश्वरी मनहरा नगर पालिका वडा नम्बर ९ की वार्ड अध्यक्ष भगवती पाण्डेको प्रमुख आतिथ्यमा एजिंग नेपालको प्राविधिक सहयोगमा समाजको सभा हलमा लगभग ६० जना जेष्ठ नागरिकहरुको सक्रिय सहभागितामा सम्पन्न भयो। एजिंग नेपालका निर्देशक पवित्रा अधिकारी र कार्यकारी अधिकृत संजु थापा मगरले सयुक्त रुपमा प्रस्तुत गर्नु भएको “दुर्व्यवहार विरुद्ध सचेतना अभिवृद्धि: जेष्ठ नागरिकका लागि खुसी र समृद्धि” बिषयक कार्यपत्र प्रस्तुत गर्नु भएको थियो। कार्यक्रमका बिशेष अतिथि सिद्धि स्मृति प्रतिष्ठानका कार्यकारी सदस्य घनश्याम खतिवडाले प्रस्तुत कार्यपत्र माथि समीक्षात्मक टिप्पणी गर्नु भएको थियो। उक्त कार्यक्रमको संचालन कागेश्वरी मनहरा जेष्ठ नागरिक समाजका निवर्तमान अध्यक्ष एवं हाल समाजका सल्लाहकार खोदनाथ चापागाईंले गर्नु भएको थियो।



कार्यपत्रमा ‘जेष्ठ नागरिकको परिभाषा, बिभिन्न आधारमा उमेर बर्गीकरण, दुर्व्यवहार केहो ? जेष्ठ नागरिकहरूमा हुँदै आएको दुर्व्यवहार (तथ्यांक सहित), दुर्व्यवहार किन सम्बेदनशील छ ? दुर्व्यवहार नियन्त्रणका लागि नेपाल सरकारका प्रचलित ऐन कानूनहरू, दुर्व्यवहारको मुद्दा फितलो हुने, मुद्दा सुनुवाई भएर पनि पिडीतले त्यही पीडक (परिवार)संग बस्नु पर्ने बाध्यता, आफ्नो सम्पत्तिको बेचबिखन गर्नका लागि उत्तराधिकारीहरूको मन्जुरी चाहिने, जेष्ठ नागरिकहरू सरकारको प्राथमिकतामा नपर्नु, आदि’ बिषय समेटिएका थिए ।

कार्यपत्रको समीक्षामा, ‘कार्यपत्रले सम्प्रेषण गर्न खोजेको जानकारी सरल भाषामा सबैले बुझिने गरी आवश्यक सही तथ्यांक सहित तयार गरी प्रस्तुत गरिएको, जेष्ठ नागरिकहरूको ज्ञान, सीप र अनुभवलाई सरकारले कदर गर्न नसकेको, जेष्ठ नागरिक हकहीत सम्बन्धी बनेका ऐन कानूनको जानकारी, न्यायको पहुँच आदि लगायतका कुराहरू सुसूचित गर्न सक्षम भएको, कार्यक्रमको बीच बीचमा गरिएका जेष्ठ नागरिकहरूका लागि शरीर र मन तन्दुरुस्ती राख्न गर्नु पर्ने सामान्य अभ्यास (एक्सरसाइज) तथा हिंड्दा लड्ने समस्या आउँछ नदिन गर्नु पर्ने हिंडाई अभ्यास लगायतका प्रयोगात्मक क्रियाकलापले सहभागीहरूको सिकाईलाई रोचक र प्रभावकारी बनाएको थियो । मेहनतपूर्वक तयार पारेको कार्यपत्र र सशक्त प्रस्तुतिका लागि विज्ञहरूलाई धन्यवाद दिँदै आगामी दिनमा कार्यपत्रमा निम्न कुराहरू पनि समेट्न सके अझ राम्रो हुने थियो भनेर सुझाव दिईएको थियो ।

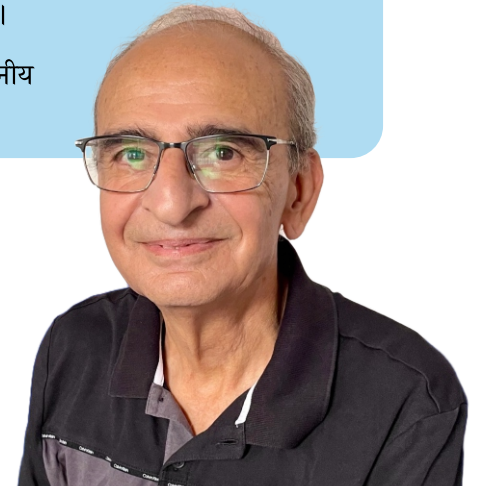
- जेष्ठ नागरिकहरूको हक हीत र अधिकार रक्षाका लागि सचेतना कार्यक्रम शैक्षिक संस्थाहरू, सचार तथा गैरसरकारी संघ संस्थाहरू मार्फत औपचारिक तथा अनौपचारिक दुवै तरिकाबाट अघि बढाउनु पर्ने ।
- जेष्ठ नागरिकहरूको हक हीत र अधिकार रक्षाका लागि यूवापुस्ता नै जिम्मेवार हुनु पर्ने भएकोले उनीहरूलाई आफ्ना अभिभावकहरू प्रति उत्तरदायी बनाउन ब्यापक सचेतना कार्यक्रम संचालन गर्नु पर्ने ।
- भावी पिढीलाई आफ्ना अभिभावकहरू प्रति उत्तरदायी बनाउन स्थानीय सरकारको शिक्षा शाखासंगको सहकार्यमा स्थानीय पाठ्यक्रम निर्माण गरी विद्यालयहरू मार्फत “अन्तरपुस्ता शिक्षा कार्यक्रम” संचालन गर्नु पर्ने ।
- जेष्ठ नागरिकहरूको सवालमा कार्यक्रम संचालनका लागि आवश्यक श्रोत व्यवस्थापन स्थानीय सरकारसंगको सहकार्यमा गर्न सकिने सम्भावना रहेको ।

धन्यवाद !



घनश्याम खतिवडा

कार्य समिति सदस्य
सिद्धि स्मृति प्रतिष्ठान



Strengthening What Works: Siddhi's Week-Long Drive for World Breastfeeding Week

Siddhi Memorial Foundation has successfully marked **World Breastfeeding Week 2026 (August 1–7)** by executing a comprehensive, week-long community mobilization campaign. In alignment with this year's global theme, **"Breastfeeding for a Sustainable Start in Life: Strengthen What Works,"** our initiatives directly focused on reinforcing proven support systems across families, healthcare staff, and local communities to improve nutritional outcomes for newborns. By executing targeted educational outreach, clinical training, and interactive events, Siddhi brought together diverse groups to strengthen the "Warm Chain of Support" essential for child survival and maternal health.

Sustaining the Warm Chain of Support

The 2026 global theme underscores that the most effective interventions—such as skilled counseling and family involvement—must be scaled up to secure long-term health and food security. Breastfeeding remains a cornerstone of early childhood development, offering irreplaceable immunological and psychological benefits. To anchor these goals in our local community, Siddhi organized a series of robust, daily programs designed to educate, empower, and celebrate everyone involved in a child's early developmental journey.



Our Week-Long Campaign

Our dedicated outreach teams and medical professionals successfully executed the following scheduled programs throughout the week:

August 01:

Community Counseling at Barahisthan

The week kicked off with a specialized, community-based infant feeding counseling session at Barahisthan, offering practical, localized guidance to pregnant and lactating mothers.

August 02:

Paternal Empowerment Class

Led by Suruchi and coordinated by Ramita, this unique session specifically engaged fathers, teaching them practical ways to actively support breastfeeding mothers at home.





August 03:

Clinical Staff Training by Dr. Manjeswori Ulak, Sr. Pediatrician Research Unit

Dr. Manjeshwori conducted an intensive clinical training class for our newly on boarded staff to reinforce institutional compliance with optimal infant care and baby-friendly practices.

August 04:

Community Outreach at Dadhikot

Siddhi's educational team traveled to Dadhikot, conducting an interactive community session to bust common lactation myths and provide accessible health resources.

August 05:

Health Post Session at Katunje

Our dedicated outreach staff collaborated with the Katunje Health Post to host an educational seminar focused on sustaining exclusive breastfeeding during the critical first six months.



August 06:

Maternal Health Masterclass by Gynaecologists

Our department gynaecologists led an in-depth clinical class for mothers, addressing physiological concerns, maternal nutrition, and postpartum recovery.

August 07:

Street Drama, Donor Recognition, and Pediatric Sessions

The campaign concluded dynamically with an awareness-driving street drama in association with KMC College students, special gift distributions for milk donors and an intimate pediatric-led clinic in the patient cabins to counsel new parents on long-term newborn care.



Through these diverse efforts, Siddhi continues to protect, promote, and normalize breastfeeding, ensuring that every child in our community gets the healthiest, most sustainable start in life.

Building Competence, Confidence, and Excellence in Critical Care Nursing

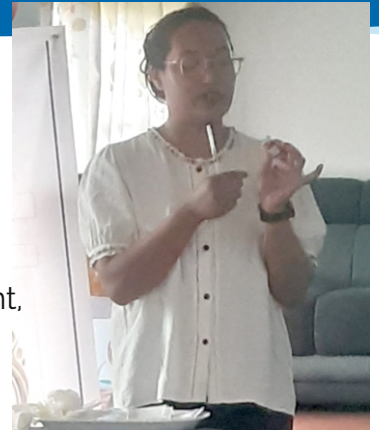
Siddhi Memorial Hospital successfully conducted a comprehensive Critical Care Training Program for Nurses, reaffirming its commitment to continuous professional development and excellence in patient care. The training aimed to strengthen the knowledge, practical skills, and confidence of nursing professionals in managing critically ill patients across various hospital departments.

The program was organized in three training sessions, conducted over four days each week, 3 hrs a day (total 12 hrs), enabling nurses from different units to participate while ensuring uninterrupted patient care services. A total of 36 nurses successfully completed the training, with pretest and posttest questionnaire, demonstrating remarkable enthusiasm and commitment to enhancing their clinical competencies.

The course combined interactive theory sessions with hands-on skill station training, providing participants with both the scientific foundation and practical experience required in critical care settings. Theory sessions covered essential topics such as the early recognition of patient deterioration, airway management, oxygen therapy, hemodynamic monitoring, ECG interpretation, shock and sepsis management, medication safety, infection prevention and control, and effective communication in emergency situations.



A major highlight of the training was the skill station component, where participants practiced critical procedures under



the guidance of experienced facilitators. Nurses gained practical experience in airway management, bag-valve-mask ventilation, oxygen delivery techniques, suctioning, ECG lead placement, infusion and syringe pump operation, patient assessment using the ABCDE approach, basic life support (BLS), emergency response, and infection prevention practices. These practical sessions encouraged active participation and helped bridge the gap between theoretical knowledge and clinical application.

The successful completion of this training marks another significant milestone in Siddhi Memorial Hospital's ongoing efforts to promote high-quality nursing care and patient safety. By investing in the continuous education of its nursing workforce, the hospital is strengthening its capacity to provide timely, safe, and effective care for critically ill patients.

Siddhi Memorial Hospital extends its sincere appreciation to the trainers, nursing leadership, hospital management, and all participating nurses whose dedication and active involvement made this program a great success. The knowledge and skills gained through this initiative will contribute to improved clinical outcomes and reinforce the hospital's mission of delivering compassionate, evidence-based healthcare to the community.

Together, we continue to build a stronger nursing workforce—prepared, skilled, and committed to excellence in critical care.

Siddhi Fetal Medicine Academic Series at Siddhi Memorial Hospital



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Siddhi Memorial Hospital conducted Siddhi Fetal Medicine Academic Series from 28 May 2026. It included 6 sessions, 2 hours each, weekly. Dr. Ganendra Bhakta Raya conducted the program as the program director. Dr. Rosina Manandhar, fetal medicine expert supervised the program.

This **NMC CPD-accredited** series brought together 30 doctors from Siddhi Memorial Hospital thst included obstetricians, pediatricians, radiologists and other medical officers to strengthen learning, teamwork and clinical coordination in fetal medicine and high-risk pregnancy care.

Over the course of the series, important topics such as principles of fetal surveillance, fetal biometry, fetal structural anomalies, fetal echocardiography, fetal Doppler, CTG, NST, medical disorders in pregnancy, congenital infections, preterm labour and PPRM, delayed cord clamping, newborn life support updates, and postnatal care after high-risk pregnancy were discussed.

The sessions created fruitfull discussion s , strengthened multidisiplinary team work and encouraged extensive networking among doctors and departments.

The concluding session was chaired by Shyam Sundar Dhaubhadel, Founder President SMF who distributed certificates to the participants and presented tokens of love to the Course Director and Coordinators.

The program also featured the lively Guess the weight of newborn activity, with prizes awarded to the winners.

This series has created a strong foundation for future practice improvement, protocol development, policy formulation and broader academic programs involving doctors from within Siddhi and other hospitals across Kathmandu Valley.



Advancing Neonatal Care: Dr. Sarita Prajapati Heads to Taiwan for Prestigious Fellowship

Siddhi Memorial Hospital is proud to announce a significant milestone in our ongoing mission to elevate pediatric healthcare. Dr. Sarita Prajapati, a dedicated Pediatrician at our institution, has departed for Taiwan to embark on a prestigious, year-long fellowship program specializing in Neonatology.

This advanced training opportunity is generously supported by the Taiwan Health Corps. It marks a critical step forward under Siddhi Memorial Hospital's International Collaboration Program, which seeks to build global medical partnerships and bring world-class healthcare expertise back to our community.

Strengthening Newborn Care at Siddhi

Neonatology is a highly specialized subspecialty of pediatrics that focuses on the medical care of newborn infants, especially the ill or premature. As infant care demands increasingly complex interventions, Dr. Sarita's intensive training will focus on the latest advancements in neonatal intensive care, premature baby management, and cutting-edge medical technologies.



台灣健康服務協會
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Her selection for this competitive program reflects her outstanding dedication to child health and her commitment to clinical excellence.

Through our partnership with the Taiwan Health Corps, this initiative bridges geographical boundaries to exchange medical knowledge and skills. By participating in this international collaboration, Siddhi Memorial Hospital continues to invest in its human capital, ensuring that our medical team is trained to international standards.

"We are incredibly proud of Dr. Sarita and excited for the wealth of knowledge she will bring back to our neonatal unit," said the founder president, Shyam Sundar Dhaubhadel. "This fellowship is not just an investment in her career, but a vital step toward improving survival rates and long-term health outcomes for the most vulnerable newborns in our region."

Please join the entire Siddhi Memorial Hospital family in wishing Dr. Sarita Maharjan a successful, enriching, and safe year of study in Taiwan!

Camp Highlights

Siddhi Memorial Hospital Hosts Free Health Camp for Senior Citizens



DUWAKOT – Siddhi Memorial Hospital, partnering with the Milijuli Womens Cooperative, successfully organized a free medical health camp on August 8, 2026. The event ran from 9:00 AM to 1:00 PM at Neupane Gau, Changunarayan-1, Duwakot, targeting the health needs of local senior citizens.

A total of 70 elderly residents attended the camp. The medical team was led by Lead Cardiologist Dr. Kishen Kushawa and Physiotherapist Mr. Munesh Mukakarmi. Attendees received comprehensive, free diagnostic screenings, including blood sugar testing, blood pressure monitoring, height and weight measurements, and general medical consultations.

This joint grassroots initiative successfully bridged healthcare gaps by delivering essential diagnostic medical services directly to the elderly community. Organizers expressed deep gratitude to the local volunteers and residents whose enthusiastic participation made the morning event a major success.



Himalayan Mountain Area Caretaker Training Empowers Local Nun Community

KATHMANDU – On June 28, 2026, the Taiwan Health Corps organized a vital "Himalayan Mountain Area Caretaker Training" at Hyolmo Monastery in Tinchule, Boudha. The session aimed to enhance health awareness among female monastic community members who serve as vital caretakers.

The event drew 35 enthusiastic ladies monk (Anis) eager to learn actionable health practices. Dr. Osta Maharjan, Gynaecologist from **Siddhi Memorial Hospital**, led the educational classes, delivering critical insights tailored to women's specialized healthcare needs.

Dr. Maharjan focused on four key areas: **Menstrual Hygiene**: Proper sanitation practices for reproductive health. **Breast Cancer Awareness**: Guidance on regular self-breast examinations. **Cervical Cancer Prevention**: Crucial information regarding early detection. **UTI Management**: Identifying symptoms, prevention, and treatment

This collaborative initiative highlights a shared commitment to bridging healthcare gaps for remote communities. By equipping these 35 participants with vital preventative medical knowledge, the program ensures they can effectively extend essential care and health education to vulnerable mountain populations.

जीवनचक्रमा आधारित



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